

# MAKE MONEY FROM PHOTOGRAPHY

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# Do you feel like a fraud?



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## What do you do when you feel like you don't fit in?

I was talking to a business colleague one day and I said to him, I don't feel like I'm the kind of person who is deserving of the success I'm enjoying. **He smiled and told me about 'Impostor Syndrome'.**

Somehow I thought that these people were captains of industry or business leaders and **I never considered it could be me**, but it is, It's me and you and a lot of other people, millions of them actually.

When you open your mind to the belief that people will listen to you if you are an expert in your field, you will grow.

I had never heard of it but when he described it and I did some research on the web I realised that **this was exactly what I was experiencing.**

I never considered myself the kind of person who would be able to direct people, command authority and enjoy fierce the resolve of my convictions without second thought, but **that's what I had become** and like it or not, that was now who I was.

**I became the person I wanted to be** and it frightened me, I wasn't ready for it.

Many of us experience a feeling of inadequacy or poor self perception, that's because **we don't want to be different** but people need leaders and that's what I became ... it didn't mean I cracked the whip and bossed everyone around, it just meant that people had someone to **guide and direct** them and most people need that.

It's no different to other aspects of life where you will be the one needing guidance and direction. **Then you will look to the expert** to find out what you should do.

I was terrified when I first realised that what I wanted to happen was actually happening, I didn't know how to handle it.

I recognised it and stupidly thought, **'what if someone exposes me'** I thought I was a fraud and it's not uncommon to think like that but once you've reached this point – there's a real shift in your reality.

When you stop doing things like **checking things for the tenth time** to make sure they are perfect or discounting your successes by saying things like, 'oh, **anybody could have done it'** or 'it's okay but look at this mistake I made here' you've made a quantum leap ... own it, don't be afraid, be the leader and people will follow.

**You will become that person you wanted to be** because you started acting like them, and now, people think that's who you are but the last one to find out is generally you.

**Impostor Syndrome is a good thing**, when you become aware of it – you have grown, [here's a link](#) to an article by the ABC which explains it from their point of view, it's quite a good read.